

TURBOLISTA – 4x50m SPRINTMEDLEY

pr. 1.juli 2010.

- Sammenlagt all-time* rankingliste for alle som i GSK har svømt alle 4 artene av 50m (*=fra år 2000).
- For svømmerne er det angitt år og alder for siste registrerte tid.
- Tider oppgitt med **rødt** er topp 3 – blant de med 4 svømte 50m arter.

JENTER:

	Svømmer:	ÅR	FRI	BRYST	RYGG	B.FLY	TOTALT
1	Tone Wold Eriksrud	2007 – 19	0:29.90	0:39.28	0:36.80	0:31.39	2:17.37
2	Hanne Mathiesen	2008 – 20	0:31.20	0:41.44	0:36.27	0:34.80	2:23.71
3	Nicole Clarke	2002 – 19	0:32.22	0:40.61	0:38.43	0:34.06	2:25.32
4	Rebecca Karlsson	2010 – 13	0:31.44	0:38.59	0:36.94	0:39.37	2:26.34
5	Ane Mathea Foss	2009 – 19	0:31.75	0:43.97	0:37.57	0:35.34	2:28.63
6	Inger Vig	2010 – 16	0:32.26	0:42.72	0:43.56	0:35.13	2:33.69
7	Guro Helgesen	2009 – 16	0:31.88	0:45.19	0:41.06	0:37.81	2:35.94
8	Ingrid Marie Rennan	2010 – 15	0:33.26	0:40.32	0:46.72	0:37.55	2:37.85
9	Katrine Andresen	2008 – 15	0:31.46	0:54.70	0:37.94	0:34.94	2:39.04
10	Sigrid Røstø Grøtberg	2010 – 17	0:33.44	0:48.78	0:37.72	0:39.87	2:39.71
11	Elisabeth Kristoffersen	2004 – 16	0:35.09	0:42.88	0:44.44	0:41.19	2:43.60
12	Martine Amble Csirmaz	2007 – 15	0:34.03	0:51.62	0:41.59	0:39.06	2:46.30
13	Carina Martinsen Sandvik	2009 – 14	0:33.38	0:45.22	0:40.03	0:48.37	2:46.90
14	Ada Andersen Langerud	2008 – 14	0:36.88	0:43.53	0:45.06	0:41.54	2:47.01
15	Anette Løkken Aase	2004 – 16	0:32.34	0:57.00	0:39.50	0:39.45	2:48.29
16	Tonje Kristine Holmgren	2003 – 16	0:35.60	0:40.97	0:44.59	0:50.28	2:51.44
17	Emilie Pedersen	2009 – 14	0:34.93	0:51.20	0:40.69	0:40.35	2:54.58
18	Kjersti Vang	2007 – 14	0:36.77	0:46.06	0:44.41	0:48.11	2:55.35
19	Hege Ramfjord	2009 – 14	0:36.88	0:53.63	0:46.75	0:38.19	2:55.96
20	Ariana Balsam	2006 – 28	0:38.22	0:47.56	0:46.16	0:44.72	2:56.66
21	Solveig Waterloo Dybvik	2010 – 11	0:37.07	0:51.73	0:45.50	0:42.72	2:57.02
22	Isabelle Aguirre Dragnes	2010 – 11	0:37.85	0:47.97	0:48.06	0:46.59	3:00.38
23	Helle Henriksveen	2005 – 14	0:36.85	0:53.62	0:44.22	0:48.68	3:03.37
24	Tirill Ramfjord	2008 – 15	0:38.35	0:45.19	0:56.13	0:48.02	3:04.31
25	Ina Engh Franzen	2005 – 14	0:37.93	0:46.16	0:47.18	0:53.94	3:05.21
26	Ingeborg Olstad	2010 – 12	0:38.16	0:52.25	0:52.31	0:49.08	3:11.80
27	Martine Sofie Vik	2005 – 15	0:37.77	0:45.56	1:07.09	0:42.77	3:13.19
28	Eline Fagerheim	2009 – 11	0:36.19	0:50.21	0:49.41	0:59.56	3:15.35
29	Jorun Eline Rennan	2009 – 13	0:36.61	1:11.63	0:43.26	0:43.54	3:16.04
30	Hegran Al Khalidi	2005 – 15	0:37.78	0:54.22	0:45.78	0:58.53	3:16.31
31	Linda Merethe Strand	2001 – 12	0:42.63	0:53.00	0:52.00	0:54.25	3:21.88
32	Shaghayegh Goldaman	2006 – 14	0:52.25	0:49.05	0:49.98	0:56.19	3:27.47
33	Malin Grøtte	2010 – 13	0:37.25	0:51.97	0:57.87	1:14.14	3:41.23
34	Anne Katrine Raknes	2010 – 10	0:50.60	1:02.78	0:58.28	0:52.42	3:44.18
35	Hilde Irene Raknes	2010 – 11	0:52.35	1:00.91	0:58.68	1:00.50	3:52.46
36	Nora Røstø Grøtberg	2010 – 13	0:48.06	0:56.09	0:59.16	1:10.57	3:54.02
37	Hanne Beate Røstø	2009 – 12	1:00.63	2:21.28	1:04.12	1:30.47	5:56.50

GUTTER:

	Svømmer:	ÅR	FRI	BRYST	RYGG	B.FLY	TOTALT
1	Bjørn Emil Evensen	2009 – 18	0:24.93	0:31.27	0:29.61	0:26.46	1:52.27
2	Erik Johnsen	2003 – 31	0:25.78	0:33.90	0:32.62	0:27.72	2:00.02
3	Andreas Stadheim	2008 – 18	0:27.11	0:31.26	0:33.94	0:29.51	2:01.82
4	Dag Anders Evensen	2009 – 22	0:26.03	0:34.41	0:31.59	0:30.51	2:02.54
5	Magnus Smestad Aamodt	2009 – 17	0:25.85	0:35.72	0:33.34	0:27.74	2:02.56
6	Eivind Kristoffersen	2009 – 17	0:27.19	0:37.59	0:30.96	0:31.09	2:05.91
7	Eirik Ravnan	2004 – 15	0:26.78	0:36.43	0:32.00	0:31.47	2:06.68
8	Erlend Brekke	2008 – 16	0:28.12	0:34.66	0:34.12	0:33.84	2:10.84
9	Asbjørn Eskild Kjellsby	2004 – 17	0:27.22	0:38.60	0:34.47	0:31.52	2:11.81
10	Arsham Zarei	2010 – 16	0:27.65	0:33.16	0:44.09	0:29.94	2:14.84
11	Tom Rune Kjelsrud	2003 – 20	0:28.87	0:37.53	0:37.19	0:32.65	2:16.24
12	Gard Nyborg Nordeng	2006 – 15	0:26.76	0:40.78	0:37.75	0:31.00	2:16.29
13	Jonas Kirkeberg Jostad	2004 – 12	0:30.49	0:39.31	0:37.52	0:37.90	2:25.22
14	Mikkel Savva	2010 – 15	0:31.01	0:41.20	0:39.37	0:37.28	2:28.86
15	Vemund Waterloo Dybvik	2010 – 15	0:30.59	0:39.28	0:48.19	0:35.22	2:34.28
16	Simen Øksenvåg	2005 – 13	0:32.41	0:41.91	0:40.80	0:40.07	2:35.19
17	Sebastian Ivan Hansen	2010 – 12	0:34.62	0:45.12	0:44.47	0:35.84	2:40.05
18	Ole Petter Kristofferstuen	2002 – 12	0:35.56	0:46.38	0:43.47	0:42.16	2:47.57
19	Sigurd Ravnan	2004 – 13	0:35.78	0:41.40	0:46.38	0:44.13	2:47.69
20	Jens William Holm Hagen	2009 – 14	0:36.75	0:43.81	1:06.34	0:52.00	3:19.90
21	Marius Lund Sunde	2008 – 11	0:40.04	0:57.21	0:53.28	0:57.60	3:31.27
22	Sigurd Helgesen	2010 – 11	0:43.44	1:00.06	0:58.38	0:51.87	3:33.75