

Øvelse1200RYGG KVINNER
Norsk juniorrekord : , ()

1997	1	p	Elise Skjæveland	USV	02:53.19	379
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2000	1	p	Vilde Bjørgo	HIL	04:05.63	133
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Øvelse2200RYGG MENN
Norsk juniorrekord : , ()

1995	1	p	Jørgen Langseth Nerli	FIL	02:45.44	312
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2000	1	p	Erik Wilhelmsen	Varg	03:24.91	164
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Øvelse350BRYSTKVINNER
Norsk juniorrekord : , ()

1996	1	p	Sunniva Døvre Brufladt	FIL	00:40.34	424
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1997	1	p	Amalie Gjøg	FIL	00:39.85	440
	2	p	Elise Skjæveland	USV	00:42.94	351
	3		PATRYCJA SUDOL	NLI	00:56.71	152
	999		Thea Amalie Tallerås	GSK	Uteble	

1998	1	p	Martine Stavadahl Aure	FIL	00:53.16	185
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1999	1	p	Isabelle Aguirre Dragnes	GSK	00:46.72	273
	2	p	Solveig Waterloo Dybvik	GSK	00:46.91	269
	3	p	Thea Skjæveland	USV	00:47.50	259
	4		Anette Steinbråten	GOLIL	00:52.72	190
	5		Elida S Bergaplass	GOLIL	00:54.50	172
	6		Thale Karlsen	RIL	00:55.31	164
	7		Marthe Emilie Nålsund	Varg	01:06.94	92

2000	1	p	HRAFNHILDUR EMMA	NLI	00:55.45	163
	2	p	Julie Fosso Fremstad	GSK	00:55.65	161
	3		ANNIKEN SOLHEIM	NLI	01:14.40	67
	999		Desiree Berg	GSK	Disk	

2001 MARI ELVESVEEN NLI 01:11.53

Øvelse450BRYSTMENN
Norsk juniorrekord : , ()

1993
1 p VEGARD KORPBERGET NLI **00:37.28** 359
2 MADS ROEN NLI **00:40.59** 278

1994
1 p Ole Henrik Møllevold GOLIL 00:39.22 308

1995
1 p DANIEL BERGUM NLI **00:40.50** 280
2 Marcus Ødegaard Odden FIL **00:42.78** 237

1996
1 p Eivind Kleven Hagen FIL **00:37.75** 345
2 DANIEL VESTRUM NLI **00:45.47** 197
999 Christoffer B. Tallerås GSK **Uteble**

1997
1 p Per Henning Møllevold GOLIL 00:40.31 284

1999
1 p Frederik Gjøg FIL **00:47.18** 177
2 ØRJAN STENSVOLD NLI **00:49.25** 155

2000
1 p Marius Moreite Varg **00:53.66** 120
2 Fredrik Sangnæs RIL **01:01.19** 81
999 Sondre M Hammerseng GSK **Uteble**

2001 Ole Steinbråten GOLIL **00:56.56**

Øvelse5100FRI KVINNER
Norsk juniorrekord : , ()

1995
1 p Emilie Pedersen GSK **01:10.68** 419

1996
1 p Kristine Bilgrav Sæter GSK **01:26.22** 230

1997						
	1	p	Synne Aure	GSK	01:10.97	413
	2		Amalie Gjøg	FIL	01:16.06	336

1999						
	1	p	Emilie Finstad	HIL	01:30.53	199
	2	p	Anette Steinbråten	GOLIL	01:35.29	170
	3		Hilde Irene Raknes	GSK	01:36.50	164
	4		INGVILD KORPBERGET	NLI	01:40.22	146
	5		Marthe Emilie Nålsund	Varg	02:16.94	57

2000						
	1	p	Anne Katrine Raknes	GSK	01:36.50	164
	2		Karolina Jaroma	GSK	01:36.91	162
	3		Anna Hansen	RIL	01:52.07	105

Øvelse6100FRI MENN
Norsk juniorrekord : , ()

1992						
	1	p	Anders Dyvesveen	LRÆ	00:57.34	550
	2		Magnus Smestad Aamodt	GSK	00:58.28	524

1994						
	1	p	Amir Hossein Zarei	GSK	01:02.16	432
	999		Mohammed Navabi	FIL	Uteble	138

1995						
	999		Per Morten Hagebråten	FIL	Uteble	

1996						
	1	p	Eivind Kleven Hagen	FIL	01:03.72	401
	2		Emil Nissen Granlund	FIL	01:12.44	273
	3		DANIEL VESTRUM	NLI	01:15.75	238

1997						
	1	p	Lars Christian Backe	GSK	01:23.87	175

1998						
	1	p	Theodor Hoel	RIL	01:51.97	73
	999		Thomas Lundberg	HIL	Disk	

1999						
	1	p	Frederik Gjøg	FIL	01:26.43	160
	2		Eivind Aalstad Laakso	HIL	01:30.89	138

3		ØRJAN STENSVOLD	NLI	01:36.00	117
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2000

1	p	Erik Wilhelmsen	Varg	01:26.09	162
2	p	Fredrik Sangnæs	RIL	01:36.38	115
3		Marius Moreite	Varg	01:36.94	113
999		Hans Petter Bjørnerud	RIL	Disk	

2001

		Joakim Svendsen Strand	GSK	02:10.31	
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SENIOR

1	p	Rene Gjøg	FIL	01:03.94	397
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Øvelse750BUTTERFLYKVINNER
Norsk juniorrekord : , ()

1995

1	p	Ingrid Marie Rennan	GSK	00:35.50	375
2		Martine Linnerud Borge	GSK	00:40.22	258

1997

1	p	Elise Skjæveland	USV	00:38.59	292
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1999

1	p	Solveig Waterloo Dybvik	GSK	00:38.69	290
2		Thea Skjæveland	USV	00:50.00	134

Øvelse850BUTTERFLYMENN
Norsk juniorrekord : , ()

1992

1	p	Magnus Smestad Aamodt	GSK	00:29.34	472
999		Anders Dyvesveen	LRÆ	Uteble	

1993

1	p	VEGARD KORPBERGET	NLI	00:31.12	396
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1995

1	p	Jørgen Langseth Nerli	FIL	00:35.19	274
2		Marcus Ødegaard Odden	FIL	00:42.34	157

1996

1	p	Emil Nissen Granlund	FIL	00:35.94	257
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1997

	1	p	BJØRN EMIL SOLHEIM	NLI	00:37.75	222
1998	1	p	Theodor Hoel	RIL	01:10.09	34
2000	1	p	Erik Wilhelmsen	Varg	00:47.25	113
	2		Marius Moreite	Varg	00:59.03	58

Øvelse9100RYGG KVINNER
Norsk juniorrekord : , ()

1999	1	p	Isabelle Aguirre Dragnes	GSK	01:34.88	232
	2		Emilie Finstad	HIL	01:46.00	166
2000	1	p	Hanna Frisinger	RIL	01:55.72	128
	2		Vilde Bjørgo	HIL	01:58.81	118
2001			MARI ELVESVEEN	NLI	02:07.63	

Øvelse10100RYGG MENN
Norsk juniorrekord : , ()

1996	1	p	Eivind Kleven Hagen	FIL	01:19.29	271
1997	1	p	Per Henning Møllevoid	GOLIL	01:18.63	278
	2		BJØRN EMIL SOLHEIM	NLI	01:24.56	223
1998	1	p	Thomas Lundberg	HIL	01:46.79	111
1999	1	p	Eivind Aalstad Laakso	HIL	01:47.69	108
2001			Joakim Strand	GSK	02:11.63	

Øvelse116*50FRI BLANDET

	1	p	Gjøvik SK Mix 1	GSK	03:11.37	
	2	p	Fagernes Mix 1	FIL	03:18.31	

3	p	Nordre Land Mix	NLI	03:35.47	
4		Raufoss Mix	RIL	04:59.47	
999		Gjøvik SK Mix 2	GSK	Disk	
999		Fagernes Mix 2	FIL	Disk	

Øvelse12400FRI KVINNER
Norsk juniorrekord : , ()

1995	1	p	Ingrid Marie Rennan	GSK	05:51.93	324
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1996	1	p	Kristine Bilgrav Sæter	GSK	07:02.03	188
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1999	1	p	Emilie Finstad	HIL	06:54.93	197
	2		Hilde Irene Raknes	GSK	07:53.65	133

2000	1	p	Karolina Jaroma	GSK	07:25.97	159
	2		Anne Katrine Raknes	GSK	07:33.84	151

Øvelse13400FRI MENN
Norsk juniorrekord : , ()

1993	1	p	MADS ROEN	NLI	05:55.38	234
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1994	1	p	Ole Henrik Møllevold	GOLIL	05:16.65	331
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1995	1	p	Jørgen Langseth Nerli	FIL	05:20.25	320
	2		Marcus Ødegaard Odden	FIL	06:19.72	192

1997	1	p	BJØRN EMIL SOLHEIM	NLI	05:59.90	225
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1998	1	p	Thomas Lundberg	HIL	07:03.60	138
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2000	1	p	Erik Wilhelmsen	Varg	06:15.78	198
	999		Sondre M Hammerseng	GSK	Uteble	198

SENIOR

1 p Rene Gjøg FIL 05:16.68 331

Øvelse14100BRYSTKVINNER
Norsk juniorrekord : , ()

1996
1 p Sunniva Døvre Brufladt FIL 01:30.85 381

1997
1 p Amalie Gjøg FIL 01:30.79 382
999 Synne Aure GSK **Uteble**

1998
1 p Martine Stavadahl Aure FIL 01:54.31 191

1999
1 p Thea Skjæveland USV 01:46.03 240
2 p Anette Steinbråten GOLIL 01:55.19 187
3 Thale Karlsen RIL 02:01.53 159
4 Marthe Emilie Nålsund Varg 02:26.44 91

2000
1 p HRAFNHILDUR EMMA NLI 02:01.84 158
2 Julie Fosso Fremstad GSK 02:09.88 130

Øvelse15100BRYSTMENN
Norsk juniorrekord : , ()

1995
1 p Marcus Ødegaard Odden FIL 01:34.10 239

1996
999 Christoffer B. Tallerås GSK **Uteble**

1999
1 p ØRJAN STENSVOLD NLI 01:54.53 132
2 Eivind Aalstad Laakso HIL 02:05.78 100
999 Frederik Gjøg FIL **Disk**

2001
Ole Steinbråten GOLIL 02:03.40
Joakim Svendsen Strand GSK 02:33.50

Øvelse1650FRI KVINNER
Norsk juniorrekord : , ()

1995

1	p	Emilie Pedersen	GSK	00:32.28	426
2		Martine Linnerud Borge	GSK	00:34.44	351

1997	1	p	Synne Aure	GSK	00:32.31	425
	2	p	Elise Skjæveland	USV	00:33.22	391
	3		Amalie Gjøg	FIL	00:35.34	325
	4		PATRYCJA SUDOL	NLI	00:44.37	164
999			Thea Amalie Tallerås	GSK	Uteble	

1998	1	p	Martine Stavadahl Aure	FIL	00:45.03	157
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1999	1	p	Solveig Waterloo Dybvik	GSK	00:35.16	330
	2	p	Isabelle Aguirre Dragnes	GSK	00:36.37	298
	3	p	Thea Skjæveland	USV	00:40.21	220
	4		Anette Steinbråten	GOLIL	00:43.03	180
	5		INGVILD KORPBERGET	NLI	00:44.40	163
	6		Thale Karlsen	RIL	00:45.87	148
	7		Elida S Bergaplass	GOLIL	00:46.07	146
	8		Marthe Emilie Nålsund	Varg	00:58.87	70

2000	1	p	ANNIKEN SOLHEIM	NLI	00:52.06	101
	2	p	Hanna Frisinger	RIL	00:52.25	100
	3		HRAFNHILDUR EMMA	NLI	00:52.44	99
	4		Desiree Berg	GSK	01:00.15	65

2001			MARI ELVESVEEN	NLI	00:53.28	
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Øvelse1750FRI MENN
Norsk juniorrekord : , ()

1992	1	p	Anders Dyvesveen	LRÆ	00:26.03	547
	2		Magnus Smestad Aamodt	GSK	00:26.21	535

1993	1	p	VEGARD KORPBERGET	NLI	00:27.94	442
	2		MADS ROEN	NLI	00:31.78	300

1994	999		Mohammed Navabi	FIL	Uteble	
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1995	1	p	DANIEL BERGUM	NLI	00:27.84	447
	999		Per Morten Hagebråten	FIL	Uteble	

1996	1	p	Eivind Kleven Hagen	FIL	00:29.19	387
	2		DANIEL VESTRUM	NLI	00:33.12	265
	3		Emil Nissen Granlund	FIL	00:34.94	226

1997	1	p	Per Henning Møllevold	GOLIL	00:31.16	318
	2		Lars Christian Backe	GSK	00:36.44	199

1998	1	p	Thomas Lundberg	HIL	00:40.56	144
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1999	1	p	Eivind Aalstad Laakso	HIL	00:38.96	163
	2		ØRJAN STENSVOLD	NLI	00:40.10	149

2000	1	p	Marius Moreite	Varg	00:40.62	143
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2001			Ole Steinbråten	GOLIL	Uteble	
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SENIOR	1	p	Rene Gjøg	FIL	00:29.15	389
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Øvelse1850RYGG KVINNER
Norsk juniorrekord : , ()

1997	1	p	PATRYCJA SUDOL	NLI	00:52.03	142
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1998	1	p	Martine Stavadahl Aure	FIL	00:53.90	128
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1999	1	p	Elida S Bergaplass	GOLIL	00:54.47	124
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2000	1	p	Hanna Frisinger	RIL	00:53.34	132
	2	p	Vilde Bjørgo	HIL	00:54.88	121
	3		Anna Hansen	RIL	00:55.22	119

999 Desiree Berg GSK **Disk**

2001 MARI ELVESVEEN NLI **01:02.91**

Øvelse1950RYGG MENN
Norsk juniorrekord : , ()

1995
1 p DANIEL BERGUM NLI 00:34.44 323
2 Jørgen Langseth Nerli FIL **00:35.78** 288

1999
1 p Frederik Gjøg FIL **00:49.93** 106

2000
1 p Marius Moreite Varg **00:50.53** 102
2 Hans Petter Bjørnerud RIL **01:02.94** 53

2001 Ole Steinbråten GOLIL **Disk**

Øvelse20100MEDLEYKVINNER
Norsk juniorrekord : , ()

1995
1 p Emilie Pedersen GSK **01:19.90** 423
2 Ingrid Marie Rennan GSK 01:24.41 358

1996
1 p Sunniva Døvre Brufladt FIL **01:26.46** 334
2 Kristine Bilgrav Sæter GSK **01:44.62** 188

1997
1 p Elise Skjæveland USV **01:22.65** 382
2 Amalie Gjøg FIL **01:27.72** 319
3 PATRYCJA SUDOL NLI **02:01.50** 120

1999
1 p Solveig Waterloo Dybvik GSK **01:28.50** 311
2 p Isabelle Aguirre Dragnes GSK **01:32.60** 271
3 Thea Skjæveland USV **01:39.63** 218
4 Hilde Irene Raknes GSK **01:45.78** 182
5 Anette Steinbråten GOLIL **01:49.50** 164

2000

1	p	Karolina Jaroma	GSK	01:49.53	164
999		Anne Katrine Raknes	GSK	Disk	

Øvelse21100MEDLEYMENN
Norsk juniorrekord : , ()

1992	1	p	Anders Dyvesveen	LRÆ	01:06.72	500
	2		Magnus Smestad Aamodt	GSK	01:07.35	486

1993	1	p	VEGARD KORPBERGET	NLI	01:16.09	337
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1994	1	p	Amir Hossein Zarei	GSK	01:12.38	391
	2		Ole Henrik Møllevoid	GOLIL	01:19.78	292

1995	1	p	Jørgen Langseth Nerli	FIL	01:18.69	305
	2		Marcus Ødegaard Odden	FIL	01:30.50	200

1996	1	p	Eivind Kleven Hagen	FIL	01:15.10	350
	2		Emil Nissen Granlund	FIL	01:23.25	257
	3		DANIEL VESTRUM	NLI	01:31.53	193

1997	1	p	Per Henning Møllevoid	GOLIL	01:18.63	305
	2		BJØRN EMIL SOLHEIM	NLI	01:26.62	228

2000	1	p	Fredrik Sangnæs	RIL	02:02.28	81
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2001			Joakim Svendsen Strand	GSK	02:24.53	
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